

Name	Vorname	gesamter Gesundheitskilome- terstand 2004-2009	Sportart 2009	Streckenlänge 2009	Laufzeit 2009
Albrecht	Gisela	42	Nordic Walken	16	3:17:00
Allebrodt	Walburga	83	Nordic Walken	16	2:40:35
Beckmann	Eva	77	Nordic Walken	16	2:31:12
Berghoff	Rita	83	Nordic Walken	16	2:40:35
Bohland	Christiane	36	Nordic Walken	16	2:36:45
Denke	Angela	16	Nordic Walken	16	3:06:52
Dickel	Antje	47	Nordic Walken	16	2:52:42
Dickel	Udo	48	Nordic Walken	16	2:52:50
Dörrenbach	Marianne	58	Nordic Walken	16	3:19:40
Grebe	Stephanie	16	Nordic Walken	16	3:13:46
Heimes	Elisabeth	16	Nordic Walken	16	2:37:10
Henrichs	Marc	36	Nordic Walken	16	2:52:47
Höft	Jürgen	16	Nordic Walken	16	2:15:13
Homringhaus	Dorothea	57	Nordic Walken	16	3:17:00
Keitsch	Andreas	16	Nordic Walken	16	2:37:00
Kneer	Monika	47	Nordic Walken	16	3:13:22
Kretschmer	Christel	16	Nordic Walken	16	2:52:42
Meier	Margret	41	Nordic Walken	16	3:17:00
Menn	Sigrid	16	Nordic Walken	16	2:54:00
Mester	Barbara	78	Nordic Walken	16	3:13:22
Pack	Klaus	16	Nordic Walken	16	3:06:22
Schmidt	Tim	26	Nordic Walken	16	2:52:47
Schmitt	Carola	16	Nordic Walken	16	2:52:42
Stephan	Tanja	32	Nordic Walken	16	3:13:46
Stötzel	Sandra	48	Nordic Walken	16	2:54:00
Theis	Otmar	36	Nordic Walken	16	2:54:18
Thierbach	Hans-Dieter	47	Nordic Walken	16	2:49:15
Thierbach	Silvia	47	Nordic Walken	16	2:49:15
Waller	Heidi	16	Nordic Walken	16	3:13:46
Wiezorek	Petra	42	Nordic Walken	16	3:13:46