



Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1		1	01:02:02	Döring, Uwe	9763		HAT Köln	1958	1	M50	06:12,2
2		2	01:03:04	Küster, Joachim	9687		Neuwied	1953	1	M55	06:18,4
3	W	1	01:03:50	Schlingmann, Manuela	9676		Windeck	1962	1	W45	06:23,0
4	W	2	01:16:50	Hahn, Susanne	9581		Hasselbach	1966	1	W40	07:41,0
5		3	01:16:56	Gehder, Manfred	9729		LT Tus Mondorf	1957	2	M50	07:41,6
6	W	3	01:16:56	Gehder, Kirsten	9730		Niederkassel	1961	2	W45	07:41,6
7	W	4	01:17:09	Höffgen, Birgit	9777		TV 1888	1961	3	W45	07:42,9
8		4	01:17:17	Arnold, Alfred	9699		Hennef	1939	1	M70	07:43,7
9	W	5	01:19:01	Küpry, Waltraud	9580			1941	1	W65	07:54,1
10	W	6	01:19:51	Freytag, Marianne	3397		St. Augustin	1941	2	W65	07:59,1
11		5	01:19:57	Frieske, Peter	4598		Köln	1964	1	M45	07:59,7
12	W	7	01:19:58	Hoppen, Anne	4597			1952	1	W55	07:59,8
13		6	01:21:58	Käufer, Andreas	9749		Hennef	1965	2	M45	08:11,8
14		7	01:23:33	Habets, Josef	9764		HAT Köln	1945	1	M65	08:21,3
15	W	8	01:26:08	Förster, Michelle	4070		sge	1996	1	WJugB	08:36,8
16	W	9	01:26:27	Schmitz, Katharina	3478		St.Josef-Hospital	1953	2	W55	08:38,7
17		8	01:26:29	Weber, Rainer	8962		Kastanienschule Söven	1964	3	M45	08:38,9
18	W	10	01:26:52	Kreutz, Sabine	3594			1970	2	W40	08:41,2
19	W	11	01:26:52	Ebertz, Dorothe	3591		Ruppicheroth	1959	1	W50	08:41,2
20		9	01:27:03	Reeh, Wilfried	9579		Oppenheim	1953	2	M55	08:42,3
21	W	12	01:28:12	Schereik, Debora	9771		Windeck	1967	3	W40	08:49,2
22	W	13	01:28:40	Krill, Annette	3592		Rupicheroth	1972	1	W35	08:52,0
23	W	14	01:28:40	Brehm, Sabine	3593			1968	4	W40	08:52,0
24		10	01:29:53	Kuttenkeuler, Walter	4599		Hennefer TV	1934	1	M75	08:59,3
25	W	15	01:30:15	Schmitz, Brita	3022			1969	5	W40	09:01,5
26	W	16	01:30:15	Jonuschat, Marion	3021			1963	4	W45	09:01,5
27	W	17	01:30:20	Kill, Diana	4198			1971	2	W35	09:02,0
28	W	18	01:30:20	Brumm, Tanja	4199			1973	3	W35	09:02,0
29	W	19	01:31:06	Zeisner, Hiltrud	3479		St.Josef-Hospital	1948	1	W60	09:06,6
30	W	20	01:32:23	Kühn, Bärbel	3477		St.Josef-Hospital	1961	5	W45	09:14,3
31	W	21	01:32:23	Jonas-Sander, Alexandra	3476		St.Josef-Hospital	1958	2	W50	09:14,3
32	W	22	01:34:45	Habets, Heidi	9765		HAT Köln	1946	2	W60	09:28,5
33	W	23	01:35:03	Ennenbach, Martina	9677		Windeck	1959	3	W50	09:30,3
34	W	24	01:36:38	Marnett, Elfriede	4196			1949	3	W60	09:39,8
35	W	25	01:36:38	Stertz, Helga	4197		Rheinbrohl	1956	4	W50	09:39,8